

DAY		DATE	CHAPTER	
Day 1	Mon	Oct 6	Galatians 1	
Day 2	Tue	Oct 7	Galatians 2	
Day 3	Wed	Oct 8	Galatians 3	
Day 4	Thur	Oct 9	Galatians 4	
Day 5	Fri	Oct 10	Galatians 5	
Day 6	Sat	Oct 11	REFLECTION DAY	
Day 7	Sun	Oct 12	REFLECTION DAY	
Day 8	Mon	Oct 13	Galatians 6	
Day 9	Tue	Oct 14	Philippians 1	
Day 10	Wed	Oct 15	Philippians 2	
Day 11	Thur	Oct 16	Philippians 3	
Day 12	Fri	Oct 17	Philippians 4	
Day 13	Sat	Oct 18	REFLECTION DAY	
Day 14	Sun	Oct 19	REFLECTION DAY	
Day 15	Mon	Oct 20	Ephesians 1	
Day 16	Tue	Oct 21	Ephesians 2	
Day 17	Wed	Oct 22	Ephesians 3	
Day 18	Thur	Oct 23	Ephesians 4	
Day 19	Fri	Oct 24	Ephesians 5	
Day 20	Sat	Oct 25	REFLECTION DAY	
Day 21	Sun	Oct 26	REFLECTION DAY	
Day 22	Mon	Oct 27	Ephesians 6	
Day 23	Tue	Oct 28	Colossians 1	
Day 24	Wed	Oct 29	Colossians 2	
Day 25	Thur	Oct 30	Colossians 3	
Day 26	Fri	Oct 31	Colossians 4	
Day 27	Sat	Nov 1	REFLECTION DAY	

Reflections for your own time

Each day, as you read the passage, pause and ask:

- How is Jesus' heart being revealed in this chapter?
- How am I being challenged to be more Christ-like through today's reading?

Use your personal journal to write down what God is speaking to you.

In Your Connect Group Chats

- Share one takeaway (1 sentence only) something God highlighted to you, how you saw Jesus, or a verse that struck you.
- Share one question (1 sentence only) something you're reflecting on, or asking yourself.



These four books are also called the Pauline Letters. They are a collection of letters written by the apostle Paul to early churches and individuals to teach, encourage, and guide them in the faith. They address theological truths, practical Christian living, and challenges faced by believers in their communities. Through these letters, Paul emphasizes the gospel of grace, the work of the Holy Spirit, unity in Jesus, and the call to live a Jesus-centered life. These writings are relevant for all believers today, helping us grow in faith, understand our identity as children of God, and walk faithfully in everyday life.

Each book overview includes context, main themes and purposes, key points, and key verses to guide both new and seasoned believers as they read, reflect, and study the Bible.

Book Overview: Galatians

Galatians was written by Paul to the province of Galatia, not a particular church. The letter addresses a serious problem: some Jewish teachers were entering the region and trying to merge Judaism with Christianity, which was perverting the gospel. Paul structures the letter in three parts:

- Paul's story of finding grace in Jesus showing his personal encounter and calling.
- 2. **The theological reasoning behind the gospel of Jesus** explaining why salvation is by faith and not by law (or works).
- 3. **How the gospel works in us** emphasizing the role of the Holy Spirit in sanctification.

Galatians emphasizes that the Christian life is not just about believing in Jesus or being sanctified; it's also about applying God's truth in daily life, walking in freedom, and allowing the Holy Spirit to transform us.

Main Theme / Purpose:

- Christian liberty through faith in Jesus
- To prove the authenticity of the gospel according to Paul
- To refute legalism brought in by Judaism and cultural expectations
- To establish the doctrine of grace under the new covenant
- To show that true freedom and transformation come through a personal relationship with Jesus
- To guide believers in living a Spirit-led, Jesus-like life in their daily context

Key Points:

- Paul warns against turning to a different gospel, even if preached by others or angels, emphasizing the danger of distorting the good news. (Galatians 1:6–8)
- Salvation is by grace through faith, not by following the law or human traditions. (Galatians 2:16)
- True liberty in Jesus Christ is neither the legalism of the old law nor license to live like our old selves; freedom in Christ calls for responsible, Spirit-led living. (Galatians 5:1)
- Having received the holy spirit, we are called to walk in the Spirit, letting him guide our thoughts, words, and actions. (Galatians 5:22–23)
- All believers are equal in Christ; unity transcends social, cultural, and gender divisions. (Galatians 3:28)
- Spiritual growth includes personal holiness and loving, serving relationships, reflecting Jesus' character. (Galatians 6:7–10)
- The gospel works in us through sanctification: it's not just believing in Jesus, but also applying his teachings in our daily lives. (Galatians 5:16–18)

- Galatians 1:6–8
- Galatians 2:16
- Galatians 3:28
- Galatians 5:1
- Galatians 5:16–18
- Galatians 5:22–23
- Galatians 6:7–10

Book Overview: Philippians

Philippians is one of Paul's "Prison Epistles," written while he was in prison. God used this situation to encourage Paul to reflect and write. Despite being in prison and facing persecution, Paul's tone is full of encouragement rather than correction. The church in Philippi was also under pressure, and Paul reminds them that knowing Jesus is the key to joy. Joy is mentioned 18 times in this letter, showing its central importance in the Christian life. He emphasizes unity, humility, and rejoicing in all circumstances.

Main Theme / Purpose:

- Joy in Christ that transcends circumstances
- To thank the church for their gifts and inform them of his visit
- To warn against false teachers
- To exhort believers to have the mind of Jesus and be like-minded
- To encourage believers to rejoice always
- To guide believers in living a Spirit-led, Jesus-like life even in hardship

Key Points:

- True joy in the Christian life is independent of circumstances, suffering, or personal loss; it comes from knowing Christ intimately. (Philippians 3:8)
- Unity in the church flows from having the mind of Jesus, valuing humility and selflessness. (Philippians 2:1–5)
- Believers are called to rejoice always, pray continually, and live with gratitude, reflecting Jesus' character in daily life. (Philippians 4:4–7)
- Paul encourages contentment in all situations, showing reliance on God's strength rather than worldly gain or comfort. (Philippians 4:11–13)
- Suffering and trials are opportunities to grow closer to Jesus and demonstrate faith in action. (Philippians 1:29–30)
- Knowing Jesus as Lord gives ultimate purpose and perspective, far outweighing all earthly pursuits. (Philippians 3:8–9)

- Philippians 1:29–30
- Philippians 2:1–5
- Philippians 3:8-9
- Philippians 4:4–7
- Philippians 4:11–13

Book Overview: Ephesians

Ephesians was written by Paul to the church in Ephesus, a well-developed and mature congregation. This is a positive letter with no correction or drama, focusing on the future, the goal of Christian life, and the identity of the church. Paul emphasizes love, mentioned 19 times, as the driving force for growth; grace and faith are mentioned 10 times each. The letter highlights both the spiritual privileges believers have in Christ and the responsibilities they carry as God's people.

The book can be divided into two main sections:

- 1. **The spiritual privilege of the church** understanding the identity of the church, blessings in Christ, and unity of Jew and Gentile (Ephesians 1–3).
- 2. **The spiritual responsibilities of the church** practical instructions for Christian living, unity, maturity, and walking in love and good works (Ephesians 4–6).

Main Theme / Purpose:

- Identity of the church as God's handiwork, created in Christ Jesus to do good works (Ephesians 2:10)
- To strengthen believers in their love and faith in Jesus
- To encourage believers to live as a new creation
- To show the unity of both Jew and Gentile in the body of Christ
- To set forth the mystery of Christ and the future goal of Christian maturity

Key Points:

- Believers are spiritually blessed and seated in heavenly places in Christ, yet called to walk in love and reflect Jesus in the world. (Ephesians 1:3–14)
- God's grace through faith unites all believers, transcending cultural, social, and ethnic divisions. (Ephesians 2:8–10)
- Love for one another propels spiritual growth and maturity in the body of Christ. (Ephesians 4:15)
- Unity and humility are essential for the church to function as a healthy, mature body under Christ, the head. (Ephesians 4:1–16)
- Christian living includes practical responsibilities: honesty, forgiveness, purity, submission, and spiritual warfare, reflecting Jesus' character. (Ephesians 5:1–6:20)

- Ephesians 1:3–14
- Ephesians 2:8–10
- Ephesians 4:15
- Ephesians 4:1–16
- Ephesians 5:1–2
- Ephesians 6:10–18

Book Overview: Colossians

Colossians was written by Paul to the church in Colossae, a small city in Asia Minor. The letter addresses the need for believers to keep Christ at the center of their lives and warns against heresies that threatened to distort the truth about Jesus. Paul emphasizes the supremacy of Christ over all creation, the church, and daily life. The letter encourages believers to live rooted in Jesus, strengthened in faith, and overflowing with thankfulness.

The book can be divided into two main sections:

- 1. **The supremacy of Christ** presenting Jesus as the head over all, fully God, and sufficient for salvation (Colossians 1–2).
- 2. **Living in Christ** putting off the old self, embracing the new life, and setting hearts on things above while living faithfully in daily life (Colossians 3–4).

Main Theme / Purpose:

- To warn against false teachings and heresies about Jesus
- To present Jesus as the head of the church and all creation
- To encourage believers to put off the old life and live a new life in Christ
- To guide believers to make Jesus the centerpiece of their lives, rooted in faith and overflowing with thankfulness
- To help the church live in practical ways that reflect Christ's lordship

Key Points:

- Christ is supreme over all creation, the church, and every aspect of life; all wisdom and fullness dwell in him. (Colossians 1:15–20)
- Believers are reconciled to God through Christ's sacrifice and are called to continue in faith, rooted and built up in him. (Colossians 2:6–7)
- Christians are to put off their old nature and sinful habits and put on the new life in Jesus, reflecting his character in daily living. (Colossians 3:1–17)
- Setting hearts on things above, not earthly things, aligns believers with God's perspective and priorities. (Colossians 3:2)
- Christ's lordship should guide relationships, work, and family life, showing faithfulness and gratitude in all circumstances. (Colossians 3:18–4:6)

- Colossians 1:15–20
- Colossians 2:6–7
- Colossians 3:1–17
- Colossians 3:2
- Colossians 3:18–4:6