

### HELLO, PARENTS&GUARDIANS

Presence Week is coming up from June 23–27, 2025, and we're thrilled for our kids to be part of our church-wide prayer and fasting! To help you guide your kids, we've put together this simple guide. We hope it's a helpful resource as you:



Read through and explain prayer and fasting to your kids.



Help them choose something meaningful to fast from and show them how they can spend extra time with God.



Explore the Bible passages together that we'll be meditating on during this week.

May this week be a week that we invite God's kingdom into our hearts, homes, and families — seeking to make his love, peace, and purpose real in our lives.

We know it may be a challenge — for you and your kids! 🤪 But we're praying alongside you! Let's believe for a special time where your family encounters God in new ways, growing closer to him.

*With love,* The Favor Kids Team

## PRAYER & FASTING

Prayer is talking to God. We can talk to him as if we are talking to our best friend! We can tell him about so many things — what makes us happy, sad, excited, nervous. He loves listening to you!

Let's plan moments throughout the day to focus on being with God. You can start every morning when you wake up or before going to bed! <section-header>

**STOP** Pause! Put away anything that could distract you. Take slow, deep breaths in his presence. Playing slow worship songs can also help you!

**LOOK** Seek God with ALL your heart by telling him what you're thinking and feeling. He has promised that if we seek him, we will find him!

**LISTEN** Did you know you can hear God? We can listen to him by reading and reflecting on his Word! Read a passage in the Bible and think about how you can relate it

Fasting is going without certain pleasures for an amount of time. We do this so we can focus on God's presence more and enjoy it too! This shows that God is more important than anything else.

We can choose to stop eating certain types of food, watching TV, playing video games, or any other forms of distractions. So instead of doing what gives us pleasure, we spend our time praying, worshiping, and reading the Bible.

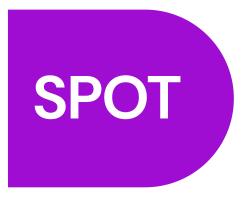
Talk to your kids about the types of food and activities that they can fast from. Help them commit to their fast by planning their schedule to pray, worship, and read the Bible passages.



Talk to your kids about the types of food and activities that they decide to fast.

Help them commit to a plan and their schedule to pray, worship, and read the Bible passages.

Accomplish the Prayer TACOS (see next page).



SHAPE

#### Spot the truths about God through his Word.

- Read our Bible verse for the day.
- How can you describe God based on what you read?

Shape up a habit of exploring and praying through God's Word.

- What did you learn from the Bible verse that we read?
- Use our Bible verse for the day to pray. Praying through God's Word means reciting Bible verses and making it our thoughts and words in prayer. You can also praise God for his characteristics that you learn as you read the Bible.

# SEND

#### We are sent by God to live out what he reveals to us.

• What is one thing you can do to apply the verse in your own life?

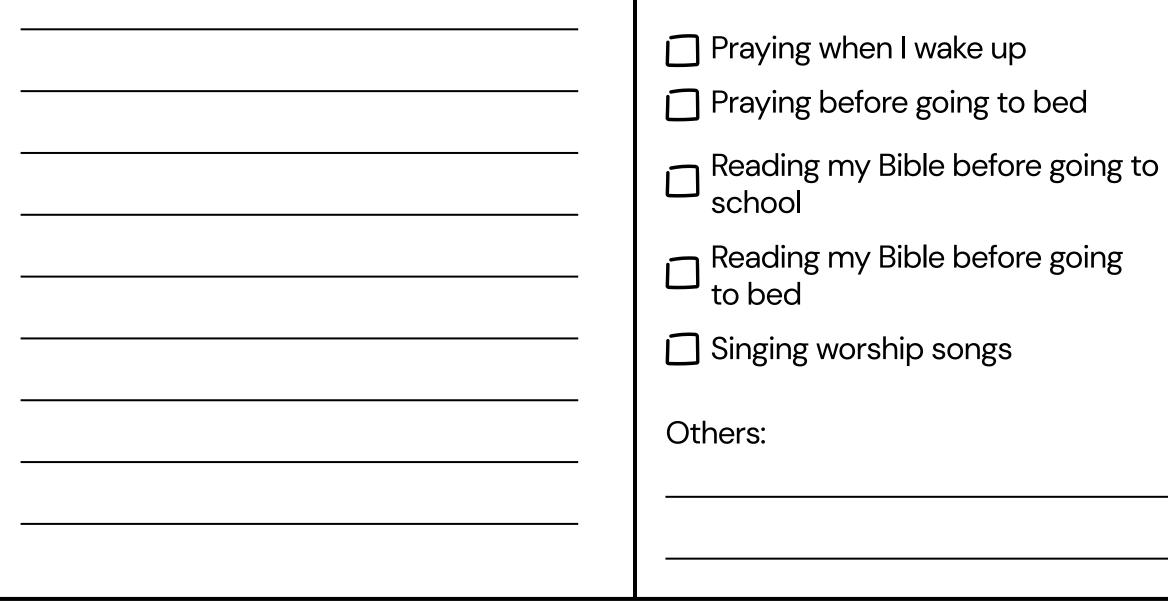


<b>T</b> Thanksgiving	Thank you, Jesus, for
<b>A</b> Adoration	I adore you, God, because you are
C Confession	l'm sorry, Lord
O Others	l pray for
S Self	l pray that I

## Hey, Kids!

Here's our game plan: Chat with your parents or guardians to pick what you'll fast from! Write down at least one type of food you'll skip, along with other activities you'll pause this week. It's a special way to grow closer to God!

I'M GIVING UP	SO I CAN SPEND MORE TIME WITH GOD BY
What food are you skipping this	How can you promise to spend
week?	more time with God this week?
Write at least one type!	Check all that you'll do!





We see that you're excited to start praying and fasting, but we have one more challenge for you! Are you ready?

Raise your right hand up and say this anti-distraction pledge in front of your family as witness! Don't forget to also say what activity you'll be giving up this week!

"I, [say your name], promise to give up \_\_\_\_\_\_ this week so I can fix my focus on Jesus. I want to put him first and spend more time learning about his love for me!"



Now that you know what prayer and fasting are and have taken your pledge, you're ready! Let's see what Day 1 has in store for us!



### DAY 1 Embracing the Fullness of God

John 14:9 (NIrV) "Jesus answered, 'Don't you know me, Philip, even after I have been among you such a long time? Anyone who has seen me has seen the Father. So how can you say, 'Show us the Father'?"

Have you ever wondered what God is like? Well, look no further because we have Jesus to look to! Through Jesus, we know that God is loving, kind, and strong. Sometimes we think that God is angry at us for doing wrong things, but Jesus shows us that God isn't mad at us, he wants us to be close to him! He isn't mad at us, he wants us to be close to him! He



#### Let's ask God to help us understand his heart better so we can fully live out his love!

#### Here's your mission for today:

What are three things about Jesus that you would like to be more of too? It can be something like being more kind to people, forgiving those who hurt you, or even sharing your game with a



Try this! Find the different words that describe the character of Jesus:



#### Λ

#### KIND PATIENT JOYFUL GENEROUS

Dear God, thank you for showing me who you are through Jesus. Help me to know your heart more and to be loving, kind, and strong just like Jesus. I want to be more like him everyday. Amen.

#### DAY 2 Recognizing That Jesus is Enough

2 Corinthians 12:9 (NIrV) "But he said to me, 'My grace is all you need. My power is strongest when you are weak.' So I am very happy to brag about how weak I am. Then Christ's power can rest on me."

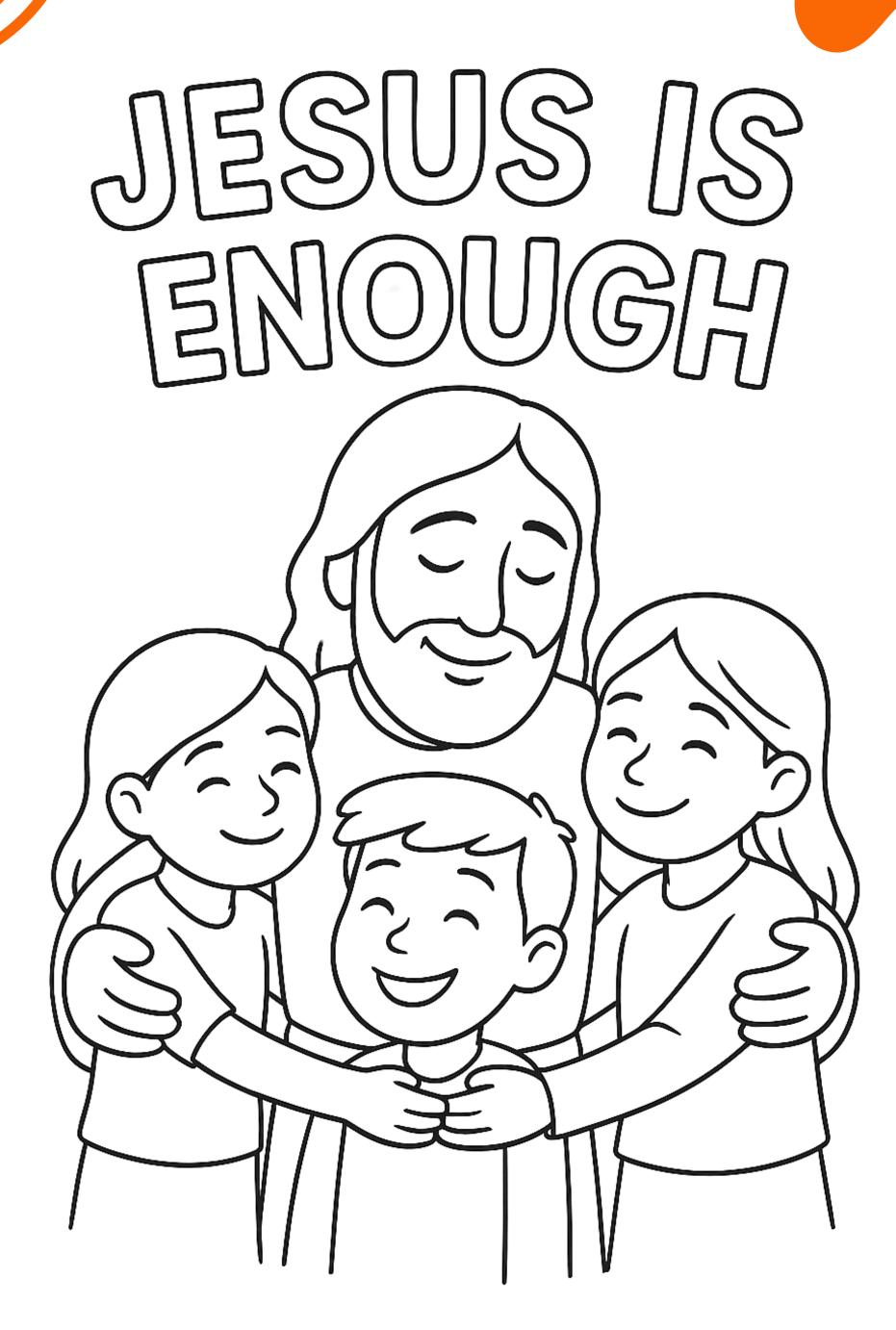
When we see other people with the things we want, it's so easy to think that we want more – more toys, more friends, more snacks, but even if we had everything in the entire world, we'd still feel empty with Jesus. He is the only one who can truly fill our hearts because when we have him, we have everything that we need!

We can ask God to teach us to trust him more so that when we feel like we need more things, we can turn to God as our source of everything!

Here's your mission for today: Let's train our hearts to be thankful and generous, even when we feel like we're missing something. Do something kind for someone else instead for today – share a toy, give a compliment, or help out with

chores.





#### Jesus, sometimes I feel like I need more things to be happy, but I know you are all I need. Help me trust you and be thankful for what I have. Teach me to be kind and generous like you. Amen.

### DAY 3 Living Our New Identity in Christ

2 Corinthians 5:17 (NIV) "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Galatians 2:20 (NIV) "I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me."

Take out two photos – one of when you were a Take out two photos – one of when you were abay any more, right? You have grown as bay any more, right? You have grown as our spirits when we follow Jesus I the helps us or become more like him. The cont thing is the loves us so much and we define the interfere to be any hing to make him love us; and be cause of his love for us, he helps us protected be the new life he gave us!

Jesus wants to give you that new life! All you have to do is ask him to change your heart from the inside out!

Here's your mission for today: Write down some things you've been doing that you know aren't good – it could be lying, bullying, or cheating. Now you can ask God to forgive you and to change your heart. After praying, tear up the paper and throw it away in

the trash!



Color in to show the colorful joyful life that comes with being a new creation in Jesus:

## I AM A NEW CREATION

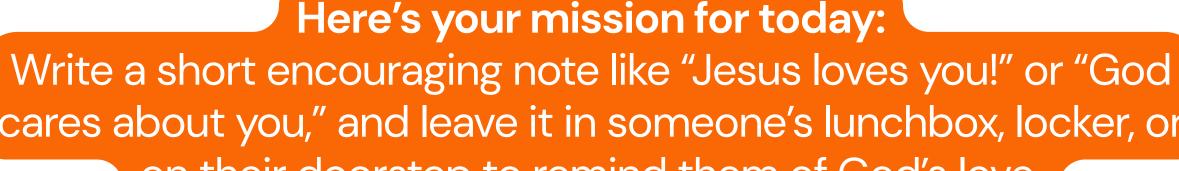


Jesus, thank you for giving me a new life! Please forgive me for the wrong things I've done. Change my heart and help me live like you — with love, truth, and joy. I want to be the new creation you made me to be. Amen.

#### **Walking in God's Mission**

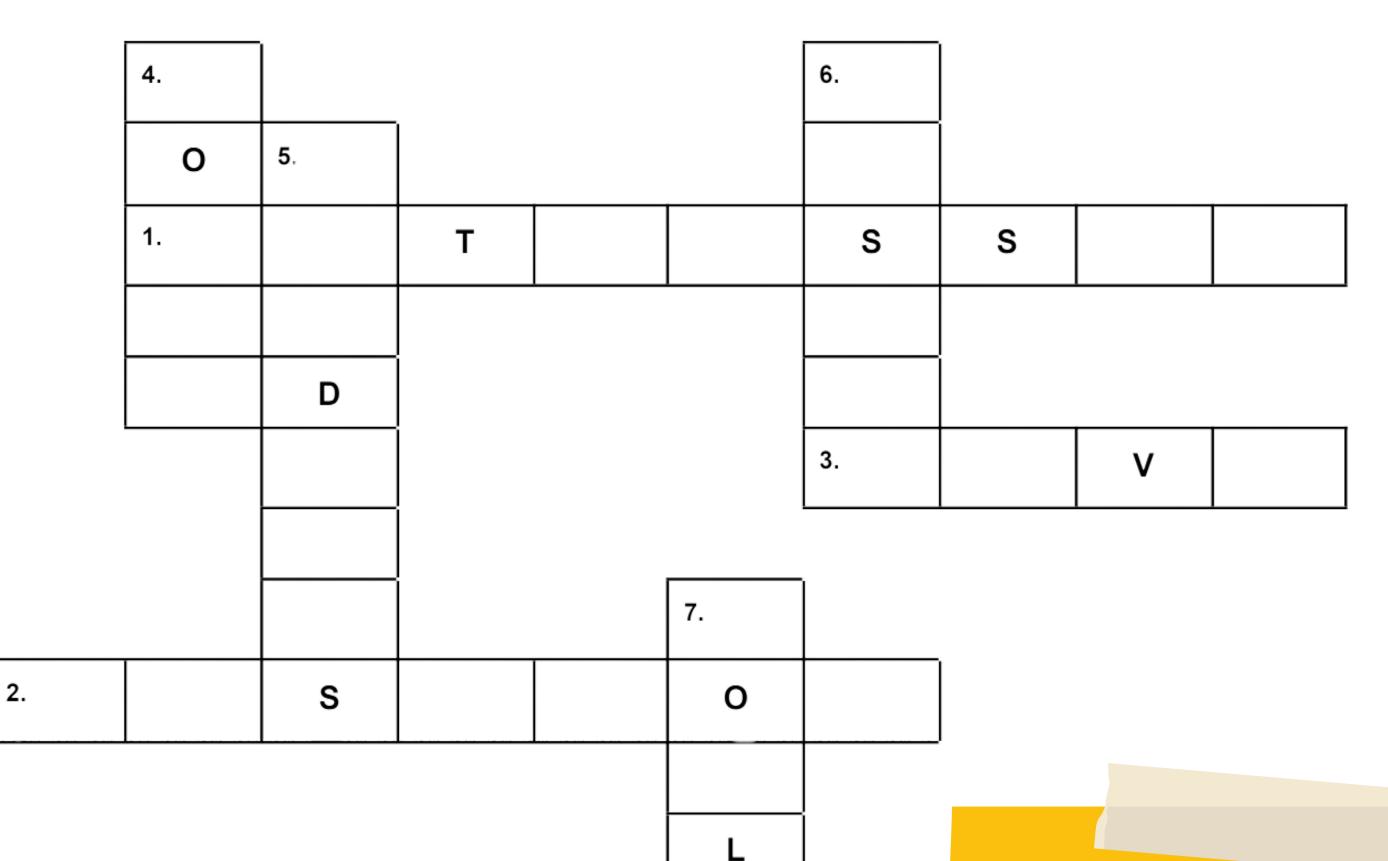
Mark 16:15 (NIV) "He said to them, "Go into all the world" and preach the gospel to all creation." Acts 1:8 (NIV) "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses...to the ends of the earth."

Do you enjoy learning about Jesus? Did you know that you can also help others learn about him? Jesus wants people to see him through you! You can do this by letting other people see the way you live a life full of love, kindness, and forgiveness. You don't need a stage or a special microphone to tell other people about Jesus! We can ask the Holy Spirit to help us to be brave enough to tell other people about God so that their lives could also be changed by him!



cares about you," and leave it in someone's lunchbox, locker, or on their doorstep to remind them of God's love.





#### **CROSSWORD CLUES**

Across			
1. Jesus says we will be his to the ends			
of the earth.			
2. Jesus calls us to go on a to share the			
Gospel.			
3. Live with so others can see Jesus in you.			
Down			
4. "You will receive when the Holy Spirit			
comes on you."			
5 is a way we show others what Jesus is like.			
6. We are called to preach the to all creation.			
7. Jesus sends us into all the to reach people.			

Holy Spirit, help me be brave and kind so I can show others who Jesus is. Use my life to share God's love, even in small ways. Help me be a light wherever I go. Amen.

### DAY 5 Being Filled with the Holy Spirit

1 Thessalonians 1:5 (NIV) "Because our gospel came to you not simply with words but also with power, with the Holy Spirit and deep conviction..."

Following Jesus isn't easy, which is why he gave us someone to help us follow him – the Holy Spirit! The Holy Spirit helps us remember everything Jesus tells us to do and shows us how to live like him everyday. Sometimes we forget we have a special helper so we try to do everything by ourselves without asking God for help, but we have to remember that the Holy Spirit wants to help us no matter how big or small our problem

As we wrap up Presence Week, let's ask the Holy Spirit to fill us with the love, kindness, and power of God to share his love to everyone around us!

Holy Spirit, thank You for being my helper. Fill me with God's love, kindness, and power. Help me remember that I never have to do life alone because You are always with me. Amen.