

HELLO, FAVOR PARENTS & GUARDIANS!


Presence Week is coming up from January 20 to 25, and we're thrilled for our kids to be part of our church-wide prayer and fasting! To help you guide your kids, we've put together this simple guide. We hope it's a helpful resource as you:

- Read through and explain prayer and fasting to your kids.
- Help them choose something meaningful to fast from and show them how they can spend extra time with God.
- Explore the Bible passages together that we'll be meditating on during this week.

May this week be a week that we invite God's kingdom into our hearts, homes, and families, seeking to make his love, peace, and purpose real in our lives.

We know it may be a challenge – for you and your kids! 😊 But we're praying alongside you! Let's believe for a special time where your family encounters God in new ways, growing closer to him.

With love,
The Favor Kids Team



PRAYER AND FASTING

Prayer is talking to God – we can tell him about our day, our dreams, and anything and everything!

Let's plan moments throughout the day to focus on being with God.



YOU CAN START EVERY MORNING WHEN YOU WAKE UP AND/OR AT BEDTIME BEFORE GOING TO BED!

Remember to STOP, LOOK, and LISTEN!



STOP - Take a pause and be still. Take slow, deep breaths in his presence.



LOOK - Look for God anytime, anywhere! Seek God with all your heart by telling him what you're thinking and feeling and by thanking him for all he's done.



LISTEN - Listen to God's word by reading and reflecting. Read a passage in the Bible and think about how you can relate it to your life.

HOW TO USE THIS PRIMER?

BEFORE PRESENCE WEEK:

- **Talk to your kids** about the types of food and activities that they decide to fast.
- **Help them commit** to a plan and their schedule to pray, worship, and read the Bible passages.
- Accomplish the **Prayer TACOS** (see next page)



SPOT

Spot the truths about God through his Word.

- Read our Bible verse for the day.
- How can you describe God based on what you read



SHAPE

Shape up a habit of exploring and praying through God's Word.

- What did you learn from the Bible verse that we read?
- **Use our Bible verse for the day to pray.** Praying through God's Word means reciting Bible verses and making it our thoughts and words in prayer. You can also praise God through the character of him you discover as we read the Bible.



SEND

We are sent by God to live out what he reveals to us.

- Do one of the Family Challenges to apply what you learned

PRAYER T.A.C.O.S

T

THANKSGIVING

Thank you Jesus for...

A

ADORATION

I adore you, God, because you are...

C

CONFESSION

I'm sorry, Lord...

O

OTHERS

I pray for...

S

SELF

I pray that I...

THE GAME PLAN

Hey, Kids! Fasting is when we let go of something for the week to spend more time focusing on God through praying, worshiping, and spending time with him. Here's our game plan: chat with your parents or guardians to pick what you'll fast from! Write down at least one type of food you'll skip, along with other activities you'll pause this week. It's a special way to grow closer to God!

I'M GIVING UP...

...SO I CAN SPEND MORE TIME WITH GOD BY...

How can you promise to spend more time with God this week? Check all that you'll do!

- Praying when I wake up
- Praying before going to bed
- Reading my Bible before going to school
- Reading my Bible before going to bed
- Singing worship songs

Others:

ANTI-DISTRACTION PLEDGE

But wait... there's more! Are you up for a challenge? With your family as witness, raise up your right hand and say this pledge out loud. Don't forget to say what extra activity you'll be giving up this week! Is it video games, gadget time, or playing?

"I PROMISE TO GIVE UP _____ THIS WEEK SO I CAN FIX MY FOCUS ON JESUS. I WANT TO PUT HIM FIRST AND SPEND MORE TIME LEARNING ABOUT HIS LOVE FOR ME!"



DAILY DEVOS

DAY 1: GOD'S KINGDOM IS HERE RIGHT NOW!

Today, we're learning that God's Kingdom is already here with us! When we say sorry for wrong things and let God lead our hearts, we bring a little bit of heaven into our lives and world. Let's pray that God helps us show His love and joy to everyone around us!



SPOT

Luke 17:20-21 NLT "The kingdom of God can't be detected by visible signs...for the kingdom of God is already among you."



SHAPE

GROWING AND CHANGING ISN'T ALWAYS PRETTY OR NICE. HOW CAN I LET GOD HELP ME GROW AND USE WHAT I LEARN TO SHARE HIS LOVE WITH OTHERS?

**DEAR GOD,
THANK YOU FOR BRINGING YOUR KINGDOM INTO OUR HEARTS! HELP US TO LIVE IN A WAY THAT SHOWS YOUR LOVE AND JOY TO OTHERS. TEACH US TO MAKE GOOD CHOICES, SAY SORRY WHEN WE NEED TO, AND LET YOU LEAD US EVERYDAY. AMEN.**



SEND

What: Create a **scavenger hunt** around the house where kids look for objects representing "God's Kingdom" qualities, like kindness (ex. a stuffed animal), peace (ex. a soft blanket), joy (ex. a favorite toy), and goodness (ex. a healthy snack).

Why: This helps kids see that aspects of God's Kingdom—like love, peace, and joy—can be found all around us and in the ways we treat others.

Wrap-Up: Discuss how these qualities bring a little bit of God's Kingdom into our lives every day.

DAILY DEVOS

DAY 2: JESUS IS GOD, AND HE IS LOVE

Today, we celebrate that Jesus is God, and he shows us what real love looks like! Let's thank Jesus for being so good, kind, and loving to us. We pray to understand his love more and to share that love in everything we do.



SPOT

1 John 4:16 NLT "We know how much God loves us, and we have put our trust in his love. God is love, and all who live in love live in God, and God lives in them."



SHAPE

WHEN WE LOVE OTHERS, WE SHOW THAT GOD LIVES IN US. THINK ABOUT SOMEONE YOU KNOW WHO COULD USE A LITTLE EXTRA KINDNESS TODAY. WHAT'S ONE WAY YOU CAN SHOW KINDNESS AND LOVE THEM LIKE JESUS?

**DEAR JESUS,
THANK YOU FOR SHOWING US WHAT REAL LOVE LOOKS LIKE! THANK YOU FOR BEING SO KIND AND LOVING TO US. PLEASE HELP US TO UNDERSTAND YOUR LOVE MORE AND TO SHARE IT WITH OTHERS IN EVERYTHING WE DO. AMEN.**



SEND

What: Decorate a jar with hearts and "**God's Love Jar**" on it. Throughout the day, kids can write or draw ways they show love to others (like helping a sibling or saying kind words) and add them to the jar.

Why: This helps kids see that living in God's love means actively sharing love with others.

Wrap-Up: At the end of the week, review the love notes and celebrate how much love they shared.

DAILY DEVOS

DAY 3: GROWING THE FRUIT OF THE SPIRIT

Because of what God has done for us, we want to be more like Jesus! We invite the Holy Spirit to help us grow his good qualities inside us, like love, joy, peace, patience, and kindness. We pray that these “fruits” will grow in our hearts and show others who God is.



SPOT

Galatians 5:22-23 NET "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."



SHAPE

THINK ABOUT ONE FRUIT OF THE SPIRIT YOU WANT TO GROW MORE OF. HOW CAN YOU SHOW THAT FRUIT TO OTHERS TODAY?

**DEAR GOD,
THANK YOU FOR HELPING US TO GROW TO BE MORE LIKE JESUS.
PLEASE FILL OUR HEARTS WITH THE FRUIT OF YOUR SPIRIT—LOVE,
JOY, PEACE, PATIENCE, KINDNESS, AND MORE! HELP US SHOW THESE
GOOD QUALITIES TO OTHERS SO THEY CAN SEE WHO YOU ARE. AMEN.**



SEND

What: Create a “tree” on a wall using paper or craft supplies. Each time a child shows one of the fruits (like kindness or patience), add a paper “fruit” to the tree labeled with that quality.

Why: This visually shows kids how the fruits of the Spirit can grow and multiply in their lives through their actions.

Wrap-Up: At the end of the week, look at the tree together and celebrate all the ways they demonstrated the fruits of the Spirit.

DAILY DEVOS

DAY 4: SHARING THE GOOD NEWS ABOUT JESUS

Today, we're asking God to give us bravery to share the good news of Jesus with people around us. Let's pray that God gives us moments to tell others about him and the courage to share our faith, believing that people's lives will be changed!



SPOT

Romans 1:16 NET "For I am not ashamed of the gospel, for it is God's power for salvation to everyone who believes..."



SHAPE

GOD'S LOVE IS AMAZING AND SHARING IT CAN MAKE A BIG DIFFERENCE IN PEOPLE'S LIVES. WHAT'S ONE WAY YOU CAN SHARE HIS LOVE AND GOOD NEWS WITH YOUR FRIENDS AND FAMILY TODAY?

**DEAR GOD,
THANK YOU FOR THE GOOD NEWS OF JESUS! PLEASE GIVE US THE COURAGE TO SHARE IT WITH OTHERS. HELP US TO BE BRAVE AND LOOK FOR CHANCES TO TELL PEOPLE ABOUT YOUR LOVE, KNOWING IT CAN CHANGE THEIR LIVES. AMEN.**



SEND

What: Gather some smooth stones and let kids paint or write encouraging messages or simple words like "Jesus Loves You" on each one. Then, take a walk together and place the stones where others can see them.

Why: This activity shows kids that sharing the good news can be as simple as leaving small reminders of God's love for others to find.

Wrap-Up: As a family, talk about how these small messages could brighten someone's day and show them God's love.

DAILY DEVOS

DAY 5: LIVING WITH THE HOLY SPIRIT'S POWER

We need the Holy Spirit to help us live like Jesus! Let's ask the Holy Spirit to fill us up, giving us strength and boldness to live for God in everything we do, bringing a little bit of heaven to earth each day.



SPOT

2 Corinthians 3:17 NET "Now the Lord is the Spirit, and where the Spirit of the Lord is present, there is freedom."



SHAPE

THINK ABOUT ONE WAY YOU CAN LIVE BOLDLY FOR GOD TODAY. HOW CAN YOU LIVE WITH COURAGE, BRINGING JOY AND SHOWING THEM WHAT GOD IS LIKE?

**DEAR HOLY SPIRIT,
THANK YOU FOR BEING WITH US. PLEASE FILL OUR HEARTS WITH YOUR POWER SO WE CAN BE BOLD AND BRING A LITTLE BIT OF HEAVEN TO EARTH EACH DAY. HELP US TO LIVE LIKE JESUS IN ALL WE DO. AMEN.**



SEND

What: Bring out a notebook or journal where kids can write or draw times they felt the Holy Spirit helping them, like being kind when it was hard or feeling brave in a new situation.

Why: This helps kids track how the Spirit's power is at work in their lives and teaches them to look for moments of courage or kindness.

Wrap-Up: Talk about it as a family and thank the Holy Spirit for each powerful moment.

